

## Dance Word Bank

**space** – where the body is moving

**body** – what the body is doing

**time** – how the body moves in relation to time

**dynamics** – how the body is moving

**relationship** – with whom or what the body is moving

**motif** – a distinctive and recurring gesture used to provide a theme

**phrasing** – the way the parts of a dance are organized

**unity** – when everything works together in a dance

**tempo** – the speed or pace of a dance

**bound** – a manner of using energy that communicates controlled intent

**free flowing** – a manner of using energy that communicates release and a carefree intent

**vibratory** – a sharp, quick action created by moving body parts quickly back and forth or side to side

**sustained** – a manner of using energy that communicates an intent to prolong the movement

**percussive** – movement having a beating or striking quality

**pathways** – patterns of movement through space—straight, zigzag, curvy, or wavy

**rhythm** – a pattern of long and short pauses and movements

**movement qualities** – the nature and quality of energy expended in a movement

