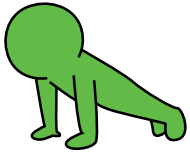


Name: _____

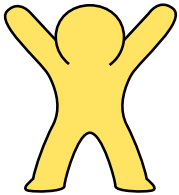
Homeroom Teacher: _____

Fitness with Smart Cat

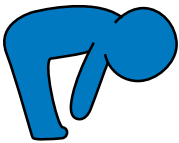
How many of each exercise can you do in 60 seconds? Try each exercise and record how many you can do on the line next to the exercise.



Push-ups



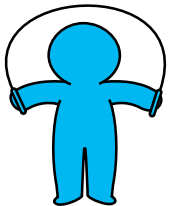
Jumping Jacks



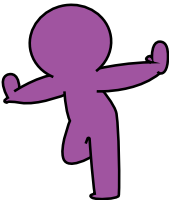
Toe Touches



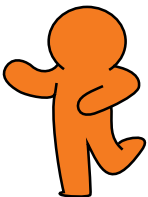
Sit-ups



Jump Rope



Hops



Skips

