

BINGO with Smart Cat

After you complete each activity, check off the square. Once you get five in a row, you have BINGO.

 <p>DRINK 6-8 GLASSES OF WATER</p>	 <p>CREATE YOUR OWN EXERCISE ROUTINE</p>	 <p>EAT A FRUIT</p>	 <p>WRITE DOWN 5 REASONS YOU ARE HAPPY</p>	 <p>DRAW THINGS THAT ARE IN A DOCTOR'S OFFICE</p>
 <p>MAKE A CARD FOR SOMEONE</p>	 <p>COMPLIMENT A FRIEND OR FAMILY MEMBER</p>	 <p>DRAW OR CREATE A FIRST AID KIT</p>	 <p>COVER YOUR MOUTH WHEN YOU SNEEZE OR COUGH</p>	 <p>EAT OR HELP COOK A HEALTHY MEAL</p>
 <p>SAY "I LOVE ME"</p>	 <p>WEAR A HELMET WHEN RIDING A BIKE, SCOOTER, OR SKATING</p>	<p>FREE SPACE!</p>	 <p>READ A STORY OUT LOUD</p>	 <p>GO OUTSIDE AND PLAY</p>
 <p>WEAR A SEATBELT IN THE CAR</p>	 <p>CREATE A SONG ABOUT YOURSELF</p>	 <p>GET 8 HOURS OF SLEEP</p>	 <p>MAKE A GOOD DECISION</p>	 <p>THANK SOMEONE FOR SOMETHING</p>
 <p>CREATE A COLLAGE OF THINGS THAT MAKE YOU HAPPY</p>	 <p>BUILD SOMETHING USING HOUSEHOLD ITEMS</p>	 <p>WASH YOUR HANDS</p>	 <p>EAT A VEGETABLE</p>	 <p>WRITE OR DRAW A STORY</p>